



# **Derby City Road Riders**

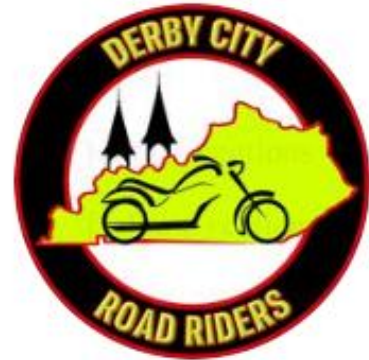
**Louisville, Kentucky**

**Chapter A July 2025**



## **Officers and Staff:**

Chapter Directors: **Ray and Angela Taylor**  
Assistant Chapter Directors: **Kent and Karen Risen**  
Ride Coordinator\Webmaster: **Kent Risen**  
Assistant Ride Coordinator: **Don Price**  
Membership Enhancement Coordinator: **Miles Justice**  
Treasurer: **Brenda Snook**  
Newsletter Editor: **Karen Risen**  
Patches\Shirt Coordinator: **Alice Scifres**  
Couple of the Year: **Alice and Neal Scifres**  
Individual of the Year: **Cindy Simpkins**



## **Director's Track**



**It is said that every time you take a ride on your Motorcycle, you learn something. On a recent Chapter Ride, I not only learned something I also reaffirmed a few things that I had previously learned.**

**The safest ride that you can make is with a group. Because of all the bikes, you are much more visible. Having other bikes with you ensures that you will have someone there who can help in almost any situation. On a recent Saturday ride (very hot). My bike decided to shut down in the middle of the highway. I pulled over but it would not start up. I immediately got on the CB and within a few minutes all our group was right there to help. My immediate thought was to call AAA of which I am a member. The only problem was that my membership would only allow for a 25-mile tow, and we were 46 miles from home.**

**Upon hearing the problem with the 25-mile tow, Dean Miller immediately stepped in and stated that he had the 100-mile tow plan. Dean immediately**

called AAA and made tow arrangements, and the Tow Truck was there in about 30 minutes.

When I took the bike to the mechanic, the problem was diagnosed as a bad Fuel Injector control. I have had it replaced, and I am back on the road. The only problem was that I had to remove the side car for the repair.

The most important things that I learned from this experience are as follows:

- Never Ride alone.
- Always ride with a group if possible.
- Always have liquids for hydrating

Also, Always have equipment to communicate with to get assistance if you have a problem. Get AAA 100-mile towing if you don't have it, all our rides are greater than 25-miles. If available always find shade while waiting for help to arrive. Plan your ride with consideration for your mechanic's availability. Sunscreen is also a must.

Finally, and most importantly, always make sure that you are riding with friends, otherwise you may be left there to fend for yourself. I hope to have all my friends riding with me, at my age, I may have to quit riding if I run out of friends.

Since this is the heart of the riding season, I hope to see all of my friends out there enjoying the rides! Ride Safe.

**Ray and Angela Taylor**







## **Assistant Director's Track**

**Well, the weather has gone from wet to hot with a few weeks of heat advisories. It sure makes it challenging to get out and ride! Chapter A has already had some amazing rides. A few we have modified from full days to half days due to the heat so we would arrive home before the day reaches its highest temperature. This is just one of the ways we adapt our rides to avoid extreme weather.**



**When we are out on our rides and there is rain chances we watch the weather on the gps and if we are going to be riding into severe weather like heavy downpours or storms, we try to adjust our routes to avoid it or worst case scenario, cancel the ride altogether (which has happened quite frequently this year so far). We often go out of our way to travel around the storms or heavy rain or even stop at a gas station or anywhere we can find cover to wait it out. It is much better to be safe than sorry when riding.**

**Don't forget to be aware of the weather and how it will affect you and your ride. When it's smoldering hot drink lots of water and make frequent stops, when rain chances are high carry rain gear**

**and stop to put it on or wait until the weather passes before you get back out there. Safety should be our number one priority when riding.**

**The Kentucky Blast is just around the corner. Let's hope the weather cools off a little for August(ha ha ha!) and stays dry for our event. If it doesn't, it's ok we will be prepared and have a great time anyway. That's what it's all about after all!**

**Kent & Karen Risen**



## **Ride Coordinator** Kent Risen

**Stay Hydrated, Stay Safe on the Road**

As temperatures rise, so does the risk of dehydration while riding. Even a small drop in hydration can reduce focus, coordination, and reaction time, a dangerous compromise at 55

mph. Dr. Carl Price, a plastic surgeon, MotoAmerica's Chief Medical Officer, and avid rider, offers critical hydration tips for motorcyclists:

**Don't rely on thirst.** You're already 2% dehydrated by the time you feel thirsty. Check your urine color, clear is over hydrated; light is good; dark means you need more fluids.

**Hydration is ongoing.** You can't "preload" water days ahead. Drink steadily during your ride, especially in hot or dry environments.

**Electrolytes matter.** Water alone isn't enough. Use drinks like Pedialyte or diluted Gatorade to replenish lost sodium and potassium.

**Watch for warning signs.** Fatigue, muscle cramps, and dark or no urine are key indicators of heat exhaustion.

**Choose the right gear.** Mesh or ventilated gear protects you without overheating—don't skip protection to stay cool.

**Bottom line:** hydration is as important as fuel and gear. Plan ahead, sip often, and ride safe.

Credit – Common Tread - A motorcycle racing doctor's tips for avoiding dehydration when riding - Michael Marino Aug 30, 2023

Full Article - <https://www.revzilla.com/common-tread/staying-hydrated-while-Motorcycling>

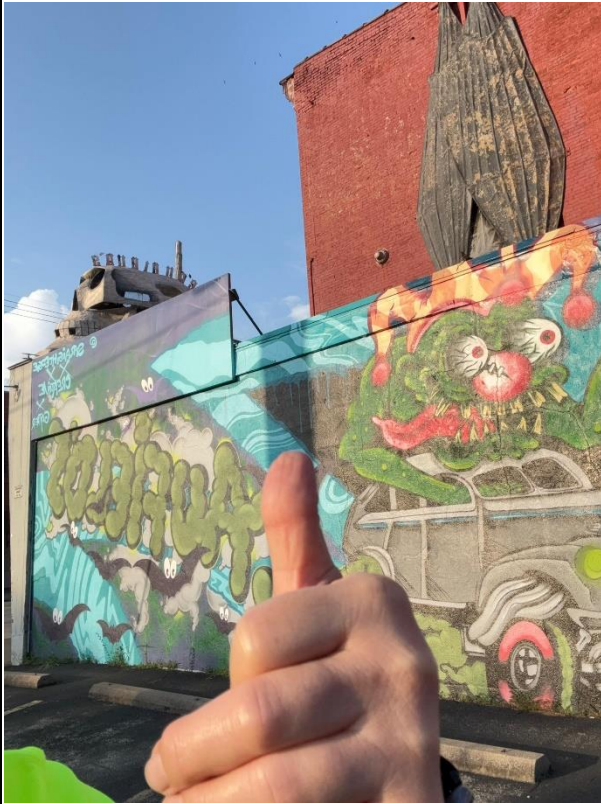
**Kent Risen Ride Coordinator**



## **Chapter A Membership Enhancement**

### **Miles Justice**

Greetings Chapter A. It is hard to believe 2025 is more than half over. Where does the time go? Unfortunately, due to a combination of rain and extreme heat, it has not been spent riding nearly as much as I would like. However, we did manage a couple of good group rides this past month – over to Lexington to visit Chapter C and to Bardstown for brunch at Mammy’s Kitchen. Hopefully, the weather will cooperate the next few months and allow us to enjoy more wind therapy!



On the MEPC front, congratulations to Dean and Lora Miller for winning the most recent Copycat Challenge featuring World’s Largest Vampire Bat. I appreciate everyone who rode over to the building and submitted a photo. Hopefully, it provided a good chance for a local ride.

This month’s **Copycat Challenge** features the **Kentucky Rushmore** – a mural depicting 4 Kentucky icons: Muhammad Ali, Abraham Lincoln, Colonel Sanders & Secretariat. Although it is not the best mural in Louisville from an artistic standpoint, it is pretty unique and worth a look.



## July Copycat Challenge for August:



Kentucky Rushmore  
1583 Bardstown Rd

As a reminder, the big state-wide challenge – KRR Bingo – ends next month with the winner announced at the Blast. I have received two entries thus far but several folks have indicated they are working on their bingo cards. The card has been uploaded to the 'Files' section of the private Facebook page and copies can be obtained by email to [mepc@kyroadriders.org](mailto:mepc@kyroadriders.org) or in person at the various Chapter and State gatherings. Hope you all enjoy!

Finally, the purpose of the Membership Enhancement Program Coordinator (MEPC) is to help ensure that all members are enjoying their time with Chapter A. If you have ideas for challenges or other thoughts on how to enhance fun with the chapter, I am open to all suggestions. Thanks, and see you on the road!

## 2025 Chapter Visits:

### June 21<sup>st</sup> Chapter C visit



### Editor's desk Karen Risen

The Newsletter is here to keep the members of Chapter A informed. I want to continue to thank the people that write newsletter articles each and every month, **YOU ARE AWESOME!**







## 2025 Chapter A Ride Schedule:

Upcoming rides depending on the weather and everyone's availability:

### Bard's Burgers-Covington, KY



### The Schoolhouse Restaurant & General Store-Camp Dennison, OH

### Zaharakos Ice Cream Parlor and Museum-Columbus, IN



### Spring Mill State Park-Mitchell, IN Grist Mill, Caves, Pioneer village.

### Kentucky River Rambler Railway and Underground Railroad-Fall 2025



All rides listed are tentative and subject to change to due to weather, participation, or availability!! Please check with Chapter A or our facebook page for the most recent updates and ride information!! You can find more up to date information for future rides on [Chapter A's Facebook page](#) or website: [chaptera.org](http://chaptera.org)



## Chapter A past rides:

### July 5<sup>th</sup> Lunch ride to Mammy's







**Rick and Leah  
Cridlin**

Kentucky State  
Directors

## Kentucky State Events:

### 2025 Ky State Events:

*Registration form & more info please visit: [kyroadriders.org](http://kyroadriders.org)*

### August 14-16th Kentucky Blast State Rally @ General Butler State Park

*The theme this year is “Riding, Rocking, and Rolling”. A block of rooms has been reserved at the General Butler State Park lodge. Ask for the “6977 Kentucky Road Riders Block” when making reservations 866-462-8853. The lodge rooms include 2 queen beds and a continental breakfast. The rate for August 13<sup>th</sup> and 14<sup>th</sup> is \$139.95 per night and the rate for August 15<sup>th</sup> and 16<sup>th</sup> is \$154.95 per night. Reservations must be made by July 13, 2025, to get these special rates. There are also cabins and camping available. **For more information, please check the Kentucky Road Riders webpage.***



**Rick and Kim  
Artmayer**

State Educator

## *State Educator's Report*

*A panda walks into a bar and gobbles some beer nuts. Then he pulls out a gun, fires it in the air, and heads for the door. "Hey!" shouts the bartender, but the panda yells back, "I'm a panda. Google me!" and continues out the door. Sure enough, panda: "A tree-climbing mammal with distinct black-and-white coloring. Eats shoots and leaves." This month I would like to present information about the environmental concerns of our sport. As an outdoor activity, we are subject to all the critters Mother Nature has seen fit to provide. Some of these pests can cause irritation and distraction, but there are things we can do to lessen their impact on our fun.*

*Let's examine the Mosquito. Although science has yet to pinpoint what mosquitoes consider an ideal victim, there is a tremendous amount of research being conducted on what compounds and odors people exude that might be attractive to mosquitoes. But with 400 different compounds to examine, researchers are just beginning to scratch the surface.*

*It's not dinner they are sucking out of you. While male mosquitos do not bite people -- female mosquitoes bite us to harvest proteins from our blood to develop fertile eggs. People with Type O blood are bitten nearly twice as often as those with Type A, while people with all other blood types fall somewhere in the middle.*

*Mosquitoes locate their victims using an organ called a maxillary palp which detects the carbon dioxide in a person's breath from as far away as 164 feet. As a result, people who simply exhale more of the gas over time, generally, larger people—have been shown to attract more mosquitoes than others. This is one of the reasons why children get bitten less often than adults.*

*In addition to carbon dioxide, mosquitoes find victims at closer range by smelling the lactic acid, uric acid, ammonia and other*



*substances expelled via their sweat, and are also attracted to people with higher body temperatures. Strenuous exercise increases the buildup of lactic acid and heat in your body.*

*Genetics also influence the amount of uric acid and other substances naturally emitted by each person. People with high concentrations of steroids or cholesterol on their skin surface attract mosquitoes. Pregnant women have been found to attract roughly twice as many mosquito bites as others, likely because they exhale about 21 percent more carbon dioxide and are on average about 1.26 degrees Fahrenheit warmer than others.*

*Other research has suggested that the particular types and volume of bacteria that naturally live on our skin affect our attractiveness to mosquitoes. This might be why mosquitoes are especially prone to biting our ankles and feet as these areas naturally have more robust bacteria colonies.*

*Just a single 12-ounce beer can make you more attractive because drinking alcoholic beverages increases the amount of ethanol excreted in sweat, and it increases body temperature.*

*Mosquitoes use vision in addition to scent to locate humans, so wearing colors that stand out (black, dark blue or red) may make you easier to find. To minimize your risk of being bitten, wear clothes that cover exposed skin. Insect repellants made with the chemical DEET or Picaridin have been proven effective to repel mosquitoes. As a natural alternative, mosquito plants and citronella candles work well too.*

*In summary, if you are a Type O, exercising, pregnant woman in a black shirt, I suggest staying indoors. For the rest of us, stay clean, drink water, wear light colored clothing, and use an effective insect repellant. Be sure to stock the first aid kit on your bikes with itch relief for when these pests get past your best efforts of prevention.*

*Richard Artmayer  
KY State Educator*

## *Chapter A monthly meet!!*



**2nd Saturday of the Month Roosters**

**10430 Shelbyville Rd Louisville, KY**

**40223    Eat at 11am Meet at Noon.**

Chapter A met Saturday July 12<sup>th</sup> and we had visitors from Chapter G including Rick & Leah in the house. Chapter G won back the Traveling plaque and it will be available at the Kentucky Blast next month.

Our individual of the Year, Cindy Simpkins also had Scruffy available for capture but there were no other Individuals visiting to grab him. Finally, Chapter A was glad to see Don Price back after his accident and doing well!



**Facebook page: [Derby City Road Riders Louisville Ky](#) and our website: [chaptera.org](http://chaptera.org)**



## ***50/50 Winners:***

***1<sup>st</sup> Place: Ray Taylor \$12***

***2<sup>nd</sup> Place: Alice Scifres***



## ***Marble Game:***

***Dean Miller had the winning ticket but did not draw the winning marble. \$115+ up for grabs next month! Better luck next time Dean!***





## *THE AFTER PARY:*

*We rode to Shelbyville, Ky to Spotz Gelato and boy was it a wild ride Ya'll!!!! Needless to say, we were all cooled off by the time we got there!!*



**Happy Birthday!**

***Birthdays:***



***Brenda Snook July 6th***



***Anniversaries:***

**Don & Janet Price**

**July 12th**





# **Individual of the Year**



## **2024     Chanel's Mental Health Moment**

### **MENTAL MAINTENANCE FOR ROAD WARRIORS**

**Because even tough bikers need a tune-up now and then.**

**Let's be honest—life's got more potholes than a backroad in Kentucky after a thunderstorm.**

**We ride hard, we live bold, but you can't fix a busted chain with duct tape and denial.**

**Here's your reminder:**

**Self-compassion isn't weakness—it's emotional oil for your mental engine.  
(And let's face it... most of us are overdue for a change.)**

### **Mental Health Check Like You'd Check Your Bike:**

- **Got low emotional pressure? Add some support.**
- **Feeling overheated? Pull over and cool off.**
- **Engine knocking? That's your gut telling you to talk to somebody.**
- **Riding on empty? REFUEL. You can't run on caffeine and sarcasm forever.**

### **Real Talk for the Road:**

**You're allowed to:**

- **Take breaks without guilt**
- **Feel what you feel without apologizing**
- **Be a badass AND need a good cry (yes, even with leather on)**
- **Ask for help without losing your biker card (it's still valid, I promise)**



## THIS WEEK'S RIDER CHALLENGE:

Before you hit the throttle, check your mental mirrors:

“Am I showing myself the same patience I give my stubborn old bike?”

If not, pull over. Take a breather. Then get back on and ride like hell—but with a little more kindness in your saddlebags.

We ride together—on the road and in the struggle. Let's keep each other grounded, gassed up, and geared to grow.

Chanel Blue



## Couple of the Year 2025

Neal & Alice Scifres

Chapter A is proud to be represented by our Couple of the Year, Neal & Alice Scifres out West with the rest of our extended Kentucky Road Rider family this past June. Despite the 2025 Wing'd Rider Rally being cancelled this group decided to go anyway

and had some great adventures. We at Chapter A enjoy hearing all their great stories and are thankful each and everyone one of you made it back home safe! Way to go Kentucky Road Riders!!



Dean's:  
"Did You Know?"

### **More motorcycle thefts occur during the months of July and August**

with the top three states for stolen motorcycles being California, Florida, and Texas. According to the California Highway Patrol 8,338 motorcycles were reported stolen in California in 2024.

**The Motorcycle Safety Foundation's website recommends the following basic tips to help avoid becoming a victim of motorcycle theft:**

- **Lock your ignition** and remove the key. Most bike thefts occur when the ignition is shut off, but not locked.
- **Lock the forks or disk brakes** with locks that have large, brightly colored tags.
- **If traveling with other riders**, lock motorcycles together when not in use.
- **If riding alone**, lock your bike to a secure, stationary object that can't be easily dismantled, such as a light pole.
- **Add an audible alarm** to your motorcycle.
- **When traveling** and spending the night at a hotel, locate an outdoor security camera and park your bike in the camera's view. If this is not possible, park your bike close to your room.
- **Keep an eye on your bike.** When parking at a public event, check your motorcycle periodically, especially immediately after leaving your bike, to make sure there are no suspicious individuals lurking about.
- **If parking in a garage**, block your bike with automobiles, close the garage door and make sure it is locked.
- **Don't store your title in your bike's** storage compartment, tank bag or saddlebag. The safest place for your title is at home.
- **Uniquely mark** and then photograph your bike. If thieves take your bike, note its unique markings to law enforcement using the photos you have taken.
- **Keep your bike registration** and insurance identification card on you when you ride.
- **Be careful** about giving out private information on where you live, work or play.

**If you use a trailer to transport your motorcycle, follow these safety tips:**

- **Park the trailer** in a well-lit location near security cameras or in an area easily seen by restaurant, hotel or event staff.
- **Lock the trailer doors** and hitch.
- **Secure doors** by backing up to a wall, so there is not enough room for doors to be opened.
- **Know your trailer** identification and license plate registration numbers.

# Get on the Level

## Level System

Basically there are four levels:

1. Safety by Commitment
2. Safety by Education
3. Safety by Preparedness
4. Safety by Enhanced Commitment and Preparedness

Rider Education Levels Program

"THE BUILDING BLOCKS OF RIDER EDUCATION"

### Level 1: Safety By Commitment

#### Rider and Co-Rider requirements:

- The expressed commitment of the Rider or Co-Rider to strive for and practice safe riding.

### Level 2: Safety By Education

#### Rider requirements:

- Have 5,000 safe miles.
- Have a current motorcycle license.
- Have completed an approved on-bike Rider course within the past three years.

#### Co-Rider requirements:

- Have 5,000 safe miles.
- Have completed an approved Two-Up Rider course or GWRRA Co-Rider seminar within the past three years.

### Level 3: Safety By Preparedness

#### Rider requirements:

- Completed a formal approved on-bike Rider Course within the past three years.
- Maintain current First Aid, CPR or MEDIC First Aid certifications.
- Carry a First Aid kit on the motorcycle.

#### Co-Rider requirements:

- Completed an approved Two-Up Rider course or GWRRA Co-Rider seminar within the past three years (a sanctioned PLP is not allowed to be used for this Level).
- Maintain current First Aid or CPR or MEDIC First Aid certifications.

### Level 4: Safety By Commitment and Preparedness

#### Rider requirements:

- Have been current in Level III for at least one full year.
- Have ridden a minimum of 25,000 safe miles.
- Be current in both First Aid and CPR certifications.
- Wear proper riding apparel at all times while riding.
  - *Proper riding apparel, a.k.a.: proper riding "gear" will include, at a minimum, a DOT (FMVSS 218)/Snell (M2010) / ECE 22.05 approved helmet (approved standard applicable to the local area), eye protection, long sleeved jacket/shirt (no "riding pull on/off sleeves"), long legged sturdy pants, full fingered gloves and over the ankle footwear. Some have coined the acronym ATGATT standing for All the Gear, All the Time.*

#### Co-Rider requirements:

- Have been current in Level III for at least one full year.
- Have ridden a minimum of 25,000 safe miles.
- Be current in both First Aid and CPR certifications.
- Wear proper riding apparel at all times while riding (see definition in the Rider section above).



KY State Newsletter: [kyroadriders.org](http://kyroadriders.org)










## Team Kentucky

State Directors	Rick and Leah Cridlin	<a href="mailto:kyroadriderdirector@gmail.com">kyroadriderdirector@gmail.com</a>
Assistant State Directors	Dan and Rita Bondurant	<a href="mailto:assistant_director@kyroadriders.org">assistant_director@kyroadriders.org</a>
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University Coordinator	Rick Artmayer	<a href="mailto:trainer@kyroadriders.org">trainer@kyroadriders.org</a>
State MEPC	Dean, Lora, & Miles	<a href="mailto:mepc@kyroadriders.org">mepc@kyroadriders.org</a>
2024 Couple of the Year	Jim and Kay Bryan	<a href="mailto:coy@kyroadriders.org">coy@kyroadriders.org</a>
2024 Individual of the Year	Ron Harper	<a href="mailto:ioy@kyroadriders.org">ioy@kyroadriders.org</a>
COY Coordinators	Dean, Lora & Miles	<a href="mailto:COY_Coordinator@kyroadriders.org">COY_Coordinator@kyroadriders.org</a>
State Treasurer	Jerry and Luanne Williams	<a href="mailto:treasurer@kyroadriders.org">treasurer@kyroadriders.org</a>
State Ride Coordinators	Bruce and Kathy Hensley	<a href="mailto:ride_coordinator@kyroadriders.org">ride_coordinator@kyroadriders.org</a>
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State Webmaster	Roger Early	<a href="mailto:webmaster@kyroadriders.org">webmaster@kyroadriders.org</a>
State Pins & Patches	John Keiter	<a href="mailto:pins_patches@kyroadriders.org">pins_patches@kyroadriders.org</a>
State Newsletter	Donita Nardi	<a href="mailto:newsletter_editor@kyroadriders.org">newsletter_editor@kyroadriders.org</a>



## Area Chapter Meetings in the Bluegrass State:

	<p><u>Chapter A—Louisville</u></p>	<p>Meets the 2<sup>nd</sup> Saturday Roosters, 10430 Shelbyville Road #7 Louisville, KY 40065 Eat at 11:00 am—Meet at 12:00pm</p>
	<p><u>Chapter C—Lexington</u></p>	<p>Meets the 3rd Saturday Roosters, 2640 Richmond Rd. Lexington, KY 40509 Eat at 11:00am—Meet at 12:00pm</p>
	<p><u>Chapter G — Northern KY</u></p>	<p>Meets 2nd Tuesday American Legion Post 4 8385 US Hwy 42 Florence, KY 41042 6:00pm Bring your own dinner to eat and socialize—Meet at 7:00pm</p>
	<p><u>Chapter K—Henderson</u></p>	<p>Meets 1st Saturday Echo Lanes 1698 Second St. Henderson, KY 42420 Meet at 11:30am (CT)— Eat at 12:00pm (CT)</p>
	<p><u>Chapter S — Elizabethtown</u></p>	<p>Meets 1st or 2nd Sunday (<a href="#">check State Calendar</a>) Shoney's 1046 Executive Dr. Elizabethtown, KY 42701 Eat at 4:00pm—Meet at 5:00pm</p>
	<p><u>Chapter T — Paintsville</u></p>	<p>Meets 3rd Saturday Giovanni's Pizza 261 Court St., Paintsville, KY Eat at 5:00pm—Meet at 6:00pm</p>
	<p><u>Chapter Y—Mayfield</u></p>	<p>Meets 1st Thursday Majestic Family Restaurant 700 S 6th St Mayfield, KY 42066 Eat at 6:00pm—Meet 7:00 (CT)</p>



## Traveling Plaque

Chapter G has the Traveling Plaque. It will be available at the Kentucky Blast. Details to follow.....



Traveling Plaque Rules can be found by clicking [here](#)

Check out our Webpage: [chaptera.org](http://chaptera.org)

chaptera.org

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